
First Name

Last Name



INTERMEDIATE CARE/TELEMETRY SKILLS CHECKLIST

Directions: Please indicate your level of experience by placing a check (✓) in the box. Experience level:

1

No Experience

3

Moderately Experienced-requires initial review, then performs independently

2

Minimal Experience- requires supervision/assistance

4

Very Experienced- proficient

A. CARDIOVASCULAR

1 2 3 4

1. Assessment

- a. Auscultation (rate, rhythm)
- b. Heart sounds/murmurs
- c. Pulses/circulation checks

2. Equipment & Procedures

- a. Arrhythmia Interpretation
 - (1) Asystole
 - (2) Atrial fibrillation
 - (3) Atrial flutter
 - (4) Bradycardia
 - (5) First degree heart block
 - (6) Premature atrial contractions
 - (7) Premature ventricular contractions
 - (8) Second degree heart block
 - (9) Sinoventricular Tachycardia
 - (10) Sinus rhythm
 - (11) Tachycardia
 - (12) Third degree heart block
 - (13) Ventricular Tachycardia
 - (14) Ventricular fibrillation
 - (15) Basic 12 lead interpretation

- b. Pacemaker
 - (1) Permanent
 - (2) Temporary

- c. Assist with:
 - (1) Arterial line insertion
 - (2) Central line insertion

- d. Hemodynamic monitoring
 - (1) A-line (radial)
 - (2) CVP monitoring

- e. Perform
 - (1) Controlled cardioversion
 - (2) Emergency defibrillation

- 3. Care of the patient with:
 - a. Abdominal aortic bypass
 - b. Aneurysm
 - c. Angina
 - d. Cardiac arrest
 - e. Congestive heart failure (CHF)
 - f. Femoral-popliteal bypass
 - g. Post acute MI (24-48 hours)

1 2 3 4

- h. Post angioplasty
- i. Post CABG (24 hours)
- j. Post cardiac cath
- k. Post stent placement

4. Medications

- a. Atropine
- b. Bretylium (Bretlyol)
- c. Cardizem (Diltiazem hydrochloride)
- d. Digoxin (Lanoxin)
- e. Dobutamine (Dobutrex)
- f. Dopamine (Intropin)
- g. Epinephrine (Adrenalin)
- h. Heparin
- i. Lidocaine (Xylocaine)
- j. Nipride (Nitroprusside)
- k. Nitroglycerine (Tridil)
- l. Atropine
- m. Indural
- n. NTG (Pronestul)
- o. Verapamil (Calan, Isoptin, Verelan)

B. PULMONARY

- 1. Assessment
 - a. Breath sounds
 - b. Breathing patterns
- 2. Equipment & procedures
 - a. Assist with intubation
 - b. Assist with thoracentesis
 - c. Care of airway management devices/ suctioning
 - (1) Endotracheal tube/suctioning
 - (2) Nasal airway/suctioning
 - (3) Oropharyngeal/suctioning
 - (4) Pulse Oximetry
 - (5) Tracheostomy/suctioning
 - d. Care of patient on ventilator
 - (1) Extubation
 - (2) Weaning modes
 - e. Care of patient with chest tube
 - (1) Assist with set-up & insertion
 - (2) Removal
 - f. Establishing an airway
 - g. Incentive spirometry

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1 2 3 4

G. WOUND MANAGEMENT

- 1. Assessment
 - a. Skin for impending breakdown
 - b. Surgical wound healing
- 2. Equipment & procedures
 - a. Air fluidized, low airloss beds
 - b. Sterile dressing changes
 - c. Wound care/irrigations
- 3. Care of the patient with:
 - a. Decubitus
 - b. Surgical wounds with drain(s)
 - c. Traumatic wounds

H. PHELEBOTOMY/IV THERAPY

- 1. Equipment & procedures
 - a. Drawing blood from central line
 - b. Drawing venous blood
 - c. Starting IVs
 - (1) Heparin lock
 - d. Administration of blood/blood products
 - (1) Albumin/plasma
 - (2) Packed red blood cells
 - (3) Platelets
- 2. Care of the patient with:
 - a. Central line/catheter/dressing
 - (1) Hickman
 - (2) Portacath
 - b. Peripheral line/dressing

I. PAIN MANAGEMENT

- 1. Assessment of pain level/tolerance
- 2. Care of the patient with:
 - a. Anesthesia/analgesia
 - b. IV conscious sedation
 - c. Narcotic analgesia
 - d. Patient controlled analgesia (PCA pump)

J. MISCELLANEOUS

- 1. Interpretation of lab values:
 - a. Blood chemistry
 - b. Blood Hematology
 - c. Cardiac enzymes
 - d. Blood gases
- 2. Computerised charting

Type: _____

